

A young boy with dark hair, wearing a grey hoodie and a red wristband, is looking off to the side with a thoughtful expression. His arms are raised behind his head. A large yellow circle is superimposed over the image, framing the text.

# BECOMING ME

INTERACTIVE TALK

‘Life is a journey, not a destination.’

# Becoming Me | An Interactive Talk

**Overview:** Growing up in the 21<sup>st</sup> Century is tough, and our young people are not only navigating the angst of adolescence, but are also having to understand themselves in the face of an ever-changing world.

Our interactive talk *Becoming Me* allows students to start preparing for the journey ahead, as they navigate their futures in the big wide world.

**Objectives:** To prepare students with an awareness of key life skills needed to successfully navigate their way into the future.

**Content and structure:** Students will be challenged to think about and discuss a range of questions about their futures in the world, thinking about some of the challenges that they are facing as they grow. The talk will explore some of the key life-skills needed to pack in their *Bag for Life* to help them navigate their way into the future feeling confident and resilient in their approach.

**Student outcomes:** Students will engage with key skills of critical thinking, empathy building and connected learning by exploring a range of challenges surrounding the themes of identity, society and the natural world, using different skills to offer practical support to address some of these issues.

**Skills Development:** Critical Thinking | Empathy Building | Active listening | Global Citizenship | Resilience | Connected Learning