



BECOMING ME

STUDENT WORKSHOP
CULTURAL IDENTITIES

‘To be yourself in a world that is constantly trying to make you something else is the greatest accomplishment.’

Becoming Me | Workshop Overview

Overview: Growing up in the 21st Century is tough, and our young people are not only navigating the angst of adolescence, but are also having to understand themselves in the face of an ever-changing world. *Becoming Me* allows students to explore the concept of their own identity – firstly understanding how identities are both consciously and unconsciously shaped by the world around them and then starting to prepare for the journey ahead, as they navigate their futures in the big wide world.

Objectives: To engage students with an understanding of their identity in the world. To prepare students with an awareness of key life skills needed to successfully navigate their way into the future.

Content and structure:

Introduction to the workshop

A brief introduction to the programme and the structure of the morning, with information on aims and objectives as well as groups, rooms and logistics

Session 1: Who am I?

After a short team-building exercise, students will be introduced to some of the core influences on our identity, with a few short videos and a range of questions to engage them in thinking about their own cultural identity and their place in the world

Session 2: The Game of Life

In small groups of 6, students will be playing a board game in which they are challenged to think about and discuss a range of questions about their futures in the world. Within the game, as they move around the board, they will have to overcome a series of challenges, working together to decide upon the tools needed to pack in their *Bag for Life* to help them navigate their way into the future

Session 3: To Infinity and Beyond

Students will feedback the contents of their *Bags for Life* to the wider group, explaining some of the challenges they faced in the *Game of Life* and looking ahead to their futures when they leave the safety of school, home and the local community.

Student outcomes: Students will practise key skills of critical thinking, empathy building and connected learning by engaging in a range of discussions and challenges surrounding the themes of culture, identity and global citizenship.

Skills Development: Critical Thinking | Empathy Building | Active listening | Teamwork | Speaking & Listening | Time Management | Debating | Public Speaking | Global Citizenship