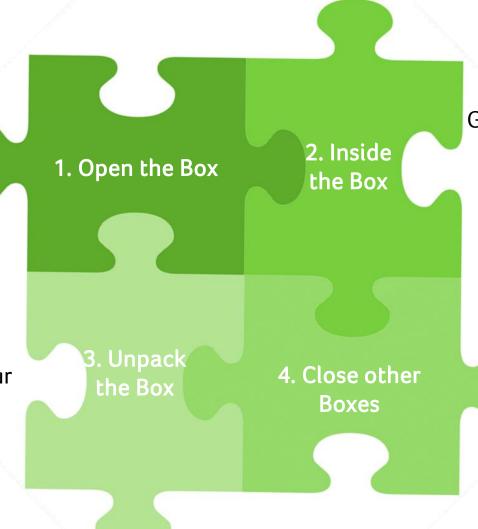
Be Brave. Be Safe. Be Connected: How to have Courageous Conversations

Introduce the topic. Start with a questions or welcome a question to start exploring.

Open up discussions, young people are full of questions welcome them and bring your own to the table. You are exploring together, don't be afraid of "I don't know"!



Explore what you know. Gain levels of understanding, awareness and emotion. Temperature check where people are coming into the conversation

> Correct falsehoods, help young people navigate fake facts. Follow a clear process to respond to extreme views, strong opinions, and harmful comments.

5. Outside the Box

Have clear next steps and invitations to continue the conversations and reflections.



Free of judgment - Different opinions are valid and welcome! Allow for controversy with respect and civility.

Active listening - Listen carefully to what others are saying - even when you disagree with what is being said.

Conscious challenges - Challenge or criticise the *idea*, not the person and support your statements - this allows for 'unlearning'. Encourage students to use evidence and provide rationale for points.

All voices welcome - Vary the processes of discussion (group, pairs, talking stick) to allow all voices a chance to be heard.

Respect - Distinguish between challenge and aggression. Recognise our opinions are shaped by our contexts and our beliefs, and that they are all different.

