

Who makes
your food
and where
does it come
from?

Take it further:

THINK

What curiosity questions can you ask?

E.g. What ingredients are in my dinner and where do they come from? How do they get to the shops? Where are they grown?

FEEL

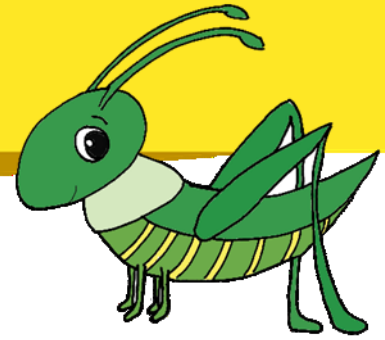
How might different people feel about this?

E.g. Who is growing the food that I eat? What sort of work is involved? Are they well paid?

CONNECT

What links can you start to make?

E.g. : If I am eating something that is grown in another country, how does it get here? Can it grow where I live?



Activity ideas:

1. Choose one item of food that you like to eat. Now research the journey it makes from the soil to your plate - draw each step of the journey.
2. Create a map of the world and note down where all of the food you eat regularly comes from. How can you find this out?
3. Find out how much of the food you eat on a regular basis grows in your local area and who grows it.

USE THE **THINKER'S GUIDE TO HELP YOU*

What other activities could you do?

