



What does  
love mean to  
you?

## Take it further:

### THINK

What curiosity questions can you ask?

*e.g. When you hear the word love what do you think of? Who do you think of? Is love something that you have for more than just people? Why is love so good for us?*

### FEEL

How might different people feel about this?

*e.g. What sorts of feelings do you have when you think of love or think of different people that you love? Where in your body do you experience these feelings? How does being loved make you feel?*

### CONNECT

What links can you start to make?

*e.g. Why do people need love? What are the different types of love that we can feel? Is love the same for everyone?*



## Activity ideas:

1. What does love mean to you? When you hear the word love, what do you think of? Close your eyes for a moment and think about some of the different thoughts and feelings that you have about love. Which people come into your mind? What sorts of feelings do you have? Where in your body do you experience these feelings?

When you've spent time reflecting, take a large piece of paper. Using old newspapers and magazines, you are going to make a **Love Collage** by cutting out words, images and ideas that you think of on when you think about the many different meanings and feelings of love. You may also decide to draw or paint a picture to represent love instead.

2. Take a look at this short two minute video of children talking about love – think about which of their thoughts and comments you agree with or disagree with. What would you say if you were asked to explain love?

[Kids talking about love](#)

3. Being kind to others is a wonderful way of showing that you care and showing love to people around you. We don't need to buy people *things* to show that we love them, simple gestures can mean so much more. Spend some time thinking about who is around you that you love and create a plan to offer a **simple show of love** to each person that you care about. You might write them a little note, make someone a cup of tea, draw a picture, sing a song, help someone out with a job.

Make a list and think about what you can do to show the people around you that you care.

*\*USE THE **EXPLORER'S GUIDE** TO HELP YOU*