



Is social
media
making us
less social?

Take it further:

THINK

What curiosity questions can you ask?

e.g. What is social media? What does it mean and why do people use it? What do you think some of the benefits are for people across the world? What might some of the problems or negatives be of social media?

FEEL

How might different people feel about this?

e.g. Why is it positive to be able to communicate with people across the world? How does it feel to be connected to other people? How might it feel if we can't communicate or connect to other people? How can social media help or hinder our friendships and connections?

CONNECT

What links can you start to make?

e.g. Why is body language important to help us communicate? How might we lose body language communication through social media? Can we change this?



Activity ideas:

1. Social Media is used to help communicate. What are all of the ways that people communicate? Take a piece of paper and draw a picture for every form of communication that you can think of (e.g. speaking, waving, writing etc.)

2. Over time, humans have used lots of different tools, methods and ideas for communication. We started with drawing on rocks...and now have digital communication. Firstly, watch this [short video](#) about the history of communication.

Now imagine what could be the next communication we invent...what could you invent for our next evolutionary step? Draw some ideas of what you think might come next – be as creative as you can!

3. What might be some good rules to help people use social media carefully, and not too often? e.g. check your phone messages once every hour.

What other ideas can you come up with?

USE THE **THINKER'S GUIDE TO HELP YOU*

What other activities could you do?

