



Where does
rubbish go
when we throw
it away?

TAKE IT FURTHER:

THINK

What curiosity questions can you ask?

e.g. How can we reuse materials and create less waste? How much waste do we produce? What is the difference between biodegradable and non-biodegradable waste? How much of our waste goes to landfill? What is sustainable waste management?

FEEL

How might different people feel about this?

e.g. Can you imagine a life without waste (zero waste)? How do you feel about the huge amount of waste that humans produce? How do you feel when you hear that much of this waste is polluting our environment, e.g. oceans, rivers, forests, air, etc. and harming the lives of other species?

CONNECT

What links can you start to make?

e.g. How can you get active to protect the environment from single use products, such as starting a petition against single use plastics? How does waste impact climate change? How does waste end up in the oceans?

--- EXPLORING THE NATURAL WORLD | Waste ---



RESOURCES:



[Where plastic waste is really going](#)

Article | *The Guardian newspaper*

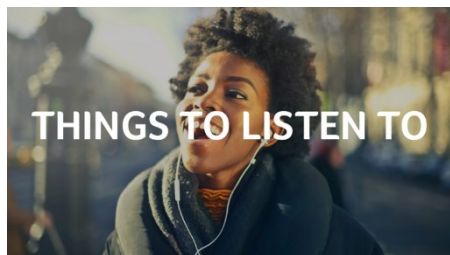
[Sustainable waste management](#)

Website | *Conserve Energy Future*



[What you should know about waste management 2.0](#)

5 minute video | *World Bank*



[Savouring resources](#)

40 minute podcast | *Practical(ly) Zero Waste Podcast*

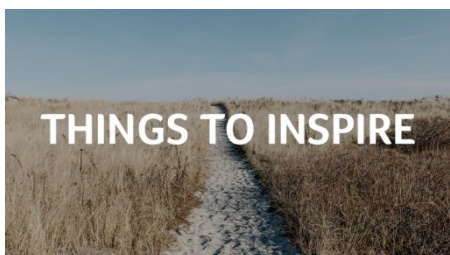


[Beginner's guide to zero waste living](#)

Tips and guidance | *Going Zero Waste*

[Beginner's guide to composting at home](#)

Tips and guidance | *Quiet Hut*



[Explore our Waste curriculum](#)

(A discussion based curriculum | ThoughtBox Education)

[Meet our Waste changemakers](#)

([Richard & Nicola Eckersley](#))

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Activity ideas:

1. After we throw our rubbish in the bin, a large portion ends up in the natural world. This can pose a threat to both humans and the more than human world.
This activity is about expressing your feelings towards those that are affected by our rubbish. Click on the link for the worksheet: [Rubbish Reflections](#)
2. We can be more mindful of where our waste may end up in our environment and help reduce waste. We can start to [recycle](#) and [reuse](#) our materials which can be a lot of fun!
Why not do some upcycling by reusing your rubbish to create something new? Here is an example of creating your own recycled [wind chime](#).
3. When you throw your food away in the bin, it is often taken to *landfills*. Landfills are large areas of rubbish, where the food cannot compost or break down into soil.
Unlike plastic, leaves or food wastes decompose and become soil. This is nature's way of reusing or recycling its materials. To learn more about nature's process of recycling, create your own soil from your food waste using this worksheet to help: [Composting at home](#)
4. Try a zero-waste challenge and continue it for as long as you can or wish. To get started, check out this useful link [here](#).

USE THE **THINKER'S GUIDE TO HELP YOU*

What other activities could you do?

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