



What is faith
and why do we
believe?

TAKE IT FURTHER:

THINK

What curiosity questions can you ask?

e.g. What does the word faith make you think of? What does it mean to 'have a faith'? Does faith mean religion? Is magic a type of faith? What does it mean to believe? Why do you think we need to believe in something bigger than ourselves?

FEEL

How might different people feel about this?

e.g. How does faith help us to feel empowered? What feelings do you have when you think of the word faith? Why do different people believe different things? What does faith bring to our lives? Why do some people not have a faith? Is having no faith a faith in itself?

CONNECT

What links can you start to make?

e.g. Can you believe or have faith without following a religion? Why are there so many different religions and beliefs around the world? Are people free to believe what they choose? What is the link between faith, religion and politics? What is the link between faith and culture?

EXPLORING OURSELVES | Faith



RESOURCES:



[Faith, Spirituality and Religion](#)

(Article | [Patheos](#))

[Why we believe in magic](#)

(Article | [Philip Pullman – The Guardian](#))

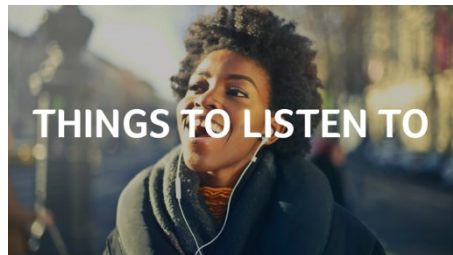


[Origins of Religion](#)

(4 minute video | [The Big Story](#))

[Why do people believe weird things](#)

(13 minute video | [Michael Schermer - TED Talk](#))



[‘Nones’ and religious identity today](#)

(46 minute podcast | [On Point Radio](#))

[This I believe](#)

(Series of short podcasts | [NPR Radio](#))

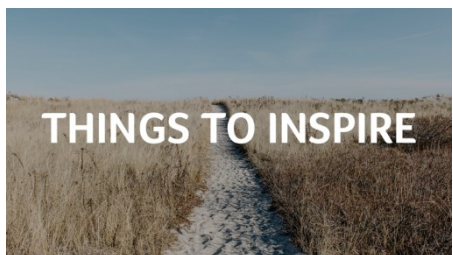


[Explore some of the world religions](#)

(Article and resources | [Education World](#))

[Meet our Faith changemakers](#)

([Luke Addison](#) | [Alberto Gomes](#) | [Saif Ali](#))



[Explore our Faith topic](#)

(A global-thinking resource | [ThoughtBox Education](#))

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Activity ideas:

1. What does faith mean to you?
With this question in mind, find an old magazine or newspaper and create a faith collage to bring together all of the words, images, colours, symbols, shapes, ideas that represent faith in your eyes. You can focus on your own particular faith or beliefs or think about faith and belief in general.
2. Take a blank piece of paper and write down the word RELIGION in the middle. Now make a spider diagram of all the different religions or beliefs that you can think of. You may already know a lot about world religions or you can watch this quick video: [Religions of the world in 2 minutes](#)

What would it be like if everyone in the world believed in the same thing? Why do people believe different things do you think? What might all of these world religions and beliefs have in common?
3. What is the link between religion and human rights? Do all people have freedom to choose what they believe? Why? Why not?
Is having the freedom to choose what we believe a human right?
If possible, talk with people around you about your ideas. Now read this article to give you some more information about the human right relating to [Freedom of thought, belief and religion](#).

USE THE **THINKER'S GUIDE TO HELP YOU*

What other activities could you do?
