



WHO AM I?

INTERACTIVE TALK

‘To be yourself in a world that is constantly trying to make you something else is the greatest accomplishment.’

Who Am I? | An Interactive Talk

Overview: Growing up in the 21st Century is tough, and our young people are not only navigating the angst of adolescence, but are also having to understand themselves in the face of an ever-changing world.

Our interactive talk called *Who Am I?* allows students to explore the concept of their own identity in the world – understanding how identities are both consciously and unconsciously shaped by the environments around them.

Objectives: To engage students with an understanding of their identity in the world and how it is shaped by the choices that they make and the context in which they live.

Content and structure: Students will be introduced to some of the core influences on their online and offline identity, with a few short videos and a range of questions linked to social media, self-perception and cultural identity.

The talk will explore some of the key life-skills needed to help them navigate their way into the future feeling confident and resilient in their approach.

Student outcomes: Students will practise key skills of critical thinking, empathy building and connected learning by exploring a range of ideas to engage them in thinking about their own cultural identity and their unique place in the world.

Skills Development: Critical Thinking | Empathy Building | Active listening | Global Citizenship | Resilience | Connected Learning